Reaching people.

Promoting sexual and reproductive health.

www.zanzu.de

ZANZU is a joint project of the Federal Centre for Health Education (BZgA) and the Belgian non-governmental organisation Sensoa.
The web portal zanzu.de offers migrants information on sexual health in 13 languages.

What is zanzu.de?

Zanzu provides simple and descriptive information about sexual and reproductive health in 13 languages and, in doing so, aids communication on these topics, such as within the scope of a consultation. The web portal provides discrete and direct access to knowledge in this area, especially for those who have not been living in Germany for long.

Zanzu.de offers counselling centres and health professionals a specific tool for consulting in the day-to-day practice. Information is available on the web portal in the following languages: German, Dutch, English, French, Russian, Turkish, Arabic, Farsi, Bulgarian, Polish, Romanian, Spanish and Albanian.

Topics:

- Knowledge about the body
- Sexuality
- Contraception
- Family planning and pregnancy
- Relationships and feelings
- HIV / STI
- Rights and laws in Germany

People, who have not been living in Germany for long:

- receive easy to understand information in their native language
- can simply and easily find their local counselling centres through zanzu.de
- can learn what rights they have in Germany and which laws apply to them
- receive a guide through the German health and counselling system

Counselling centres and health professionals:

- receive comprehensive assistance to support their advisory and health care provision
- can quickly and easily compile precise information for consultations in various languages
- receive a dictionary for translating and explaining the terms used in the consultations
Why zanzu.de?

Migrants, who have recently arrived in Germany for the range of reasons, including ‘marriage immigrants’ from Turkey, EU internal migrants from Bulgaria and Romania, refugees from the Arabic region and Africa, often still do not have the necessary knowledge of the German language and country.

Furthermore, in many of their home countries, access to knowledge concerning various aspects of sexual health is limited and is generally not part of their academic education. This can lead to fear and anxiety. Zanzu.de helps migrants to overcome these fears and anxieties and enables them to acquire knowledge in the area of sexual health.

Who developed zanzu.de?

Zanzu.de was developed by the Federal Centre for Health Education (BZgA) in collaboration with the Belgian non-governmental organisation Sensoa, accompanied by a national and an international advisory board, on which the World Health Organisation (WHO – Regional Office for Europe), among others, is represented.